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No Scalpel Vasectomy Pre-Operative Instructions

Please follow the instructions below before you arrive at the clinic:

1. Do not take aspirin or aspirin-like products (Motrin®, Advil®, Aleve®, Goody's®, ibuprofen, naproxen,) for five days prior to the procedure.
2. On the morning of the procedure, shower and wash the scrotal area with soap and water.
3. Do not eat for two hours before the procedure.
4. If you feel it necessary, a prescription for Diazepam (Valium®) 10mg will be given to you. Please fill this prescription before coming to the office and take 1 tablet only once you have arrived to the appointment and signed the consent forms. The second tablet will be used if needed before the procedure starts.
5. Bring someone with you who can drive you home after the procedure.
6. Wear comfortable clothes on the day of the procedure, such as sweatpants.
7. You should bring an athletic supporter or underwear that is tight fitting (such as briefs or boxer briefs) with you to wear under the sweatpants.
8. Plan to take 2-7 days off work after the procedure depending on occupation.
9. Please be sure to give the doctor a phone number where he can best reach you at to check on you after the procedure.
10. Please call the office if you have any questions at 336-389-4400.