

What's Included?

1. Access when you need it with visits with your doctor the same day
2. Appointments lasting 30-60 minutes to thoroughly address your concerns
3. Open communication with your doctor via phone, text, email, and video chat, even after hours
4. In-office medication dispensing at wholesale prices up to 90% less than market price
5. Included procedures when medically indicated as well as discounted rates for elective procedures
6. Discounted labs, equipment, and supplies
7. Affordable hospital care by your doctor if you're admitted to Ashe Memorial
8. Pregnancy care by the doctors who know you best for an affordable global pregnancy fee

And most importantly, the kind of relationship with your doctor that you've always wanted, based on trust, respect, and direct communication.

Our Vision

At New River Family Wellness, we strive to provide exceptional primary care at a more affordable price to the people of Ashe County and the High Country. Our innovative, membership-based model allows us to offer our patients efficient, near-immediate access to their doctors, fairly priced medications and labs, and a breadth of in-office treatments and procedures. We seek to eliminate barriers to the doctor-patient relationship, promote community engagement, and deliver compassionate care that set us apart from any other healthcare experience our patients have ever had.



NEW RIVER FAMILY WELLNESS, PLLC

420 East Second Street
West Jefferson, NC 28694

www.NewRiverFamilyWellness.com

Info@NewRiverFamilyWellness.com

(P) 336-489-4400

(F) 336-489-4500

A Direct Primary Care Practice
offering Affordable Access to
Full-Spectrum Family Medicine with
Incredible Value and Quality

Our Doctors



Dr. Allen is a lifetime native of NC. He went to East Carolina University for undergrad, graduate, and medical

school, then went to family medicine residency in Hendersonville, NC. He is board certified in Family Medicine and practices full-spectrum care seeing all ages in the office and the hospital. He does a variety of specialized office procedures including vasectomies, and circumcisions. He also does prenatal care and DOT physicals. He has a passion for farmworker, community, and child health.

Dr. Sullivan grew up in a big family in the small town of Southbury, CT. She is a graduate of Colorado College and the University of



Connecticut Medical School, and attended family medicine residency in Hendersonville, NC. It is her lifelong sense of connection to community that brought her to Ashe County. She has passion for caring for the whole family by integrating all aspects of health. In addition to primary care and women's health, she also practices prenatal care and deliveries, hospital medicine, mental health, and several specialized office procedures.

What's Different?

In a Direct Primary Care (DPC) practice, you receive medical services the way they were meant to be delivered: directly between you and your doctor with no interference from third party payers. As a result, we have significantly decreased administrative costs that allow us to deliver all of the primary care services you need with incredible savings. We then pass those savings on to our patients through affordable monthly membership fees. We are also able to provide lab services, equipment, and supplies, and we dispense our own medications giving our members access to prescriptions at much lower wholesale prices. Even patients with traditional insurance save money on their healthcare in a DPC practice compared to a traditional doctor's office. Oftentimes, the savings is enough to pay for the membership!

FAQ

Do I still need insurance?

We recommend our patients still have health insurance coverage (including Medicare with supplements if eligible). We do not file or accept any insurance or government payments, but you should be able to obtain outside services as you normally would for specialists, imaging, and ER and hospital care if needed. With access to cost-effective, comprehensive primary care, our patients can often afford "catastrophic" insurance plans to cover emergency and unforeseen expenses. Our reasonable memberships also allow people who can't afford insurance to get the primary care they need. Some health sharing ministries may reimburse for your membership.

What if I need a referral?

We will refer you for tests and specialist evaluations if needed which can be processed through your insurance as normal per your policy.

What if I need to be hospitalized?

Our doctors will care for you if you're admitted to Ashe Memorial. The hospital will still bill your insurance for the stay.

Can I use HSA money to pay for my membership?

You should check with your HR department as rules vary.

What if I decide to cancel?

We hope to care for patients who value their relationship with our doctors. If you are unhappy with your care, you may cancel your membership at any time. There will be a fee to rejoin later. Additional details can be found in our patient contract.

Pricing

Membership rates are shown below. Complete pricing for additional services is available on our website.

Membership Pricing*	
0-18 years	\$20/month [^]
19-29 years	\$45/month
30-44 years	\$55/month
45-64 years	\$75/month
65-99 years	\$85/month
100+ years	\$1/month

*Nuclear Family Maximum \$190/month

[^]Without adult membership, \$40/month

Need More Info?

Visit our website:

NewRiverFamilyWellness.com

There you'll find information on:

- Membership
- Fees
- Services
- Outreach Opportunities
- Employer Partnerships
- How to enroll
- More Frequently Asked Questions (about insurance, HSA usage, hospital and pregnancy care, referrals, and Medicare)

Or give us a call at:

336-489-4400