

# D. Landon Allen, MD, MPH, MBA, FAAFP

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## Education

American Academy of Family Physicians (AAFP) (2023)  
Degree of Fellow

Mountain Area Health Education Center (MAHEC) Rural Family Medicine Fellowship Program,  
West Jefferson, NC (2019-2020)  
Family Medicine Fellow

American Board of Family Medicine (2019)  
Board Certification

Mountain Area Health Education Center (MAHEC) Rural Family Medicine Residency Program,  
Hendersonville, NC (2016-2019)  
Family Medicine Resident Physician

Brody School of Medicine, East Carolina University, Greenville, NC (2011-2016)  
Doctor of Medicine

Brody School of Medicine, East Carolina University, Greenville, NC (2013-2014)  
Master of Public Health, Analysis and Management  
Ethnic and Rural Health Disparities Certificate

College of Business, East Carolina University, Greenville, NC (2010- 2011)  
Master of Business Administration, Business Administration

Harriot College of Arts and Sciences, East Carolina University, Greenville, NC (2006- 2010)  
Bachelor of Science, Biology, *summa cum laude*, University and Departmental Honors  
Bachelor of Art, Chemistry, *summa cum laude*, University and Departmental Honors  
Minor in Business Administration  
Certificate of Spanish Studies

Wakefield High School, Raleigh, NC (2002-2006)  
University Track High School Diploma

## Work Experience

New River Family Wellness, PLLC (2019-Present): Family Medicine Physician

- Founding Member and Manager

Greene County Health Care (2013-2014): Affordable Care Act Enrollment Program Analyst

- Analysis, development, and implementation of an outreach campaign to boost enrollment in health insurance policies via the Affordable Care Act Marketplace at a large regional Federally Qualified Health Center.

East Carolina University (2013-2014): Public Health Researcher

- Various projects regarding migrant farmworker sun exposure, pain, and occupational asthma development; farmer injury, stress, and use of personal protective equipment; college student asthma control; and an interventional program for children with asthma.

Eastern Property Management (2007-2010): Leasing Agent

First Citizens Bank (2007-2008): Float Teller

Babymoon Café (2006): Host and table waiter

## **Leadership Experience**

### Ashe Memorial Hospital

- Medical Executive Committee (2021-Present)
  - At-Large Member (2024-Present)
  - Immediate Past Chief of Staff (2023)
  - Chief of Staff (2022)
  - Secretary/Treasurer (2021)
- OB Committee Member (2019-Present)

### Partnership of Ashe

- Board of Directors (2020-Present)  
Serving on the Oversight and Finance committee which sets programming targets for the partnership and assists with managing the resources of the foundation, directing their use, and ensuring compliance with the organizational mission.

### North Carolina Academy of Family Physicians Workforce Pipeline Committee

- Member-at-Large (2022-Present)  
This committee works to encourage systems, payers, and others in North Carolina to incentivize precepting, teaching and mentoring; provide opportunities for medical students, residents, and new physicians to learn about job opportunities in family medicine; and nurture medical student and resident engagement.

### North Carolina Academy of Family Physicians Foundation Board

- Resident Trustee (2016-2017)
- Student Trustee (2014-2015)  
Tasked with managing the resources of the foundation, directing their use, and ensuring compliance with the organizational mission.

### Grimesland Free Clinic

- Ex Officio Board Member (2014-2016)  
Direct policies and long-term strategy of the student-run clinic with particular emphasis on resource acquisition and management.
- Executive Director (2012-2014)  
Managed routine functioning at the student-run clinic by leading a group of twelve peer coordinators with varying roles and expertise; budgeting, scheduling, policy creation, and executive decision making were ongoing requirements in this position.

### North Carolina Farm Bureau Healthy Living for a Lifetime

- Health Fair Organizer (2014)  
Organized an interdisciplinary health fair and screening program for the rural farming community on Grimesland, NC which reached over 100 individuals in the area and raised over \$3,500 for clinical services.

### First Presbyterian Church of Greenville

- Elder (2011-2013)  
Managed staff, created policies, approved budgets, and oversaw day-to-day operations with other elders as a part of the administration committee.

### Presbyterian Campus Ministry

- Leadership Team (2008-2011)  
Planned group events, organized speakers, and assisted in recruitment.
- President (2008-2010)  
Led weekly meetings and events with the assistance of others on the leadership team.

### Boy Scouts of America

- Eagle Scout (2005)  
Raised funding for and built an outdoor classroom for Wakefield Elementary School in Raleigh, NC while independently leading a group of peers.
- Senior Patrol Leader (2002-2003)

### **Service Experience**

- Creation of a parasite reduction program in Vogan, Togo, West Africa (2013-Present)
  - Developed and implemented a gastrointestinal parasite reduction program for children living in rural communities.
- Grimesland Free Clinic Medical Student Volunteer (2011-2016)
  - Executive Director, Board Member, and volunteer participating in patient encounters.
- Medical Humanitarian Aid Delivery in Togo, West Africa (2012)
  - Volunteered in a rural community free clinic, participating in patient consultations and wound management.
- Project Heart Tutor at the Farmville Boys and Girls Club (2009-2011)
  - 900 hours per year commitment
- Mission Work with the homeless in Santa Fé, NM (2010)
- Humanitarian Aid Delivery in Nicaragua (2009)
- East Carolina University Chemistry Learning Center Tutor (2007-2008)
- Pitt County Memorial Hospital Volunteer (2007-2008)
  - Patient escort and child life volunteer.
- Presbyterian Home for Children Volunteer (2008)
- Humanitarian Aid Delivery in Guatemala (2008)
  - Creation and implementation of a microloan program for women in rural communities.
- Middle School Tutor (2008)
- Mission Work with the homeless in Washington, DC (2007)
- Mission Work with Hurricane Katrina victims in New Orleans, LA (2007)
- Belvoir Elementary School English as a Second Language Tutor (2006-2007)
- Boy Scouts of America (1999-2006)
- Crossroads Fellowship Church Youth Group (2000-2006)
  - Camp Counselor (2003-2005)

### **Teaching Experience**

- Clinical Assistant Professor in the Department of Family Medicine, Brody School of Medicine at East Carolina University (2020-Present)
  - Created and Manage fourth year medical student course FMLY 9450, New River Family Wellness Direct Primary Care Experience
  - Precept third year medical students on their community family medicine rotations
- Community Preceptor for medical students as well as resident physicians (2020-Present)
- Senior Resident to interns and third and fourth year medical students (2017-2019)
- Problem-Based Learning Small Group Co-Instructor (2013-2014)
  - A year-long course for second year medical students
- Project HEART Tutor at the Farmville Boys and Girls Club (2009-2011)
  - Project HEART (High Expectations for At-Risk Teens) requires a 900 hours per year commitment as part of an AmeriCorps backed tutoring program based in afterschool programs designed to help high-risk kids in eastern North Carolina
- East Carolina University Chemistry Learning Center Tutor (2007-2008)
- Middle School Tutor (2008)
- Belvoir Elementary School English as a Second Language Tutor (2006-2007)

### **Extracurricular Activities**

Family Medicine Interest Group, Brody School of Medicine (2011-2016)

- Participated in educational sessions and social activities focused on expanding knowledge about family medicine as a specialty

Spanish in Medicine Club, Brody School of Medicine (2012-2016)

- Participated in educational sessions focused on providing students with medical Spanish skills while promoting cultural competence when dealing with Hispanic populations.

Christian Medical/Dental Association, Brody School of Medicine (2011-2016)

- Participated in educational sessions focused on exploring the ways that both patient and physician spirituality impact medical encounters and decision making.

Internal Medicine Interest Group, Brody School of Medicine (2011-2013)

Pediatrics Interest Group, Brody School of Medicine (2011-2013)

North Carolina Academy of Family Physicians Family Medicine Externship (2012)

- A four week externship consisting of one-on-one clinical experiences with a physician working in a rural community.

North Carolina Academy of Family Physicians Rural Health Experience (2012)

- A two week immersion program designed to expose students to the practice of family medicine in rural settings.

Presbyterian Campus Ministry (2006-2011)

- Leadership Team (2008-2011)
- President (2008-2010)

First Presbyterian Church of Greenville Gallery Choir (2006-2011)

Invisible Children (2008)

ECU Physician Shadowing Program (2008)

### **Research**

Clinical (2017-2018)

- Development of a parasitic disease prevalence project to detect parasitic diseases in migrant farmworker populations with a resultant quality improvement screening protocol for Blue Ridge Community Health Services.
- Gregory Kearney, PhD, MPH, Department of Public Health, Brody School of Medicine, East Carolina University, Greenville, NC

Public Health (2013-2016)

- Various projects regarding migrant farmworker sun exposure, pain, and occupational asthma development; farmer injury, stress, and use of personal protective equipment; college student asthma control; and an interventional program for children with asthma.
- Gregory Kearney, PhD, MPH, Department of Public Health, Brody School of Medicine, East Carolina University, Greenville, NC

Medical Doctoring (2013)

- A literature review and general evaluation of various hearing impairment screening techniques used in outpatient clinical settings for hearing impairment diagnoses.
- The Brody School of Medicine, East Carolina University, Greenville, NC

Organic Chemistry (2008-2010)

- An honors thesis regarding synthesis techniques for prothymosin- $\alpha$  derived peptides which was conducted through heavy literature review and experimental evaluation.
- Colin Burns, PhD, Department of Chemistry, Thomas Harriot College of Arts and Sciences, East Carolina University, Greenville, NC

History (2009)

- An evaluation of the roles of women in Guatemalan and Nicaraguan societies throughout the twentieth century.
- Angela Thompson, PhD and Michael Bassman, PhD, Department of History, Thomas Harriot College of Arts and Sciences and Honors College, East Carolina University, Greenville, NC

Humanities (2008)

- A survey of the social injustices of Southwestern Guatemala which relied on literature reviews and fieldwork experiences.
- Michael Bassman, PhD, Honors College, East Carolina University, Greenville, NC

Ecology (2008)

- Lab technician responsible for insect identification.
- David Chalcraft, PhD, Department of Biology, Harriot College of Arts and Sciences East Carolina University, Greenville, NC

**Publications**

**Allen DL.** A Call to Advocacy in North Carolina. *The North Carolina Family Physician*. 2017;13(3)24-25.

Kearney GD, **Allen DL**, Balanay JA, Barry P. A Descriptive Study of Body Pain and Work-Related Musculoskeletal Disorders Among Latino Farmworkers Working on Sweet Potato Farms in Eastern North Carolina. *Journal of Agromedicine*. 2016;21(3)234-243.

**Allen DL**, Kearney GD, Higgins S. A Descriptive Study of Farming-Related Injuries Presenting to Emergency Departments in North Carolina: 2008-2012. *Journal of Agromedicine*. 2015;20(4):398-408.

**Allen DL**, Kolasa KM. Enjoy That Whole Egg: Cholesterol Guidelines Changing. *The Daily Reflector*. April 15, 2015:D1-2.

Kearney GD, Xu X, Balanay JA, **Allen DL**, Rafferty AP. Assessment of Personal Protective Equipment Use Among Farmers in Eastern NC: A Cross-Sectional Study. *Journal of Agromedicine*. 2015;20(1):43-54.

Kearney GD, Phillips C, **Allen DL**, Hurtado GA, Hsia LB. Sun Protection Behaviors among Latino Migrant Farmworkers in Eastern North Carolina. *Journal of Occupational and Environmental Medicine*. 2014;56(12):1325-1331.

Kearney GD, Rafferty AP, Hendricks LR, **Allen DL**, Tutor-Marcom R. A Cross-Sectional Study of Stressors among Farmers in Eastern North Carolina. *North Carolina Medical Journal*. 2014;75(6):384-392.

Kearney GD, Johnson LC, Xu X, Balanay JG, Lamm KM, **Allen DL**. Eastern Carolina Asthma Prevention Project (ECAPP): An environmental intervention study among rural and underserved children with asthma in Eastern North Carolina. *Environmental Health Insights*. 2014;8:27-37.

**Allen DL.** The Predictive Value of Various Hearing Impairment Screening Techniques in Hearing Impairment Diagnoses. *Doctoring 9201 Course Syllabus*. The Brody School of Medicine at East Carolina University, 6 June, 2013. Web.

**Allen DL**, Burns C. A Literature and Experiment Based Evaluation of Synthesis Techniques for Prothymosin- $\alpha$  Derived Peptides. *The ScholarShip*. East Carolina University's Institutional Repository, 2 Aug. 2011. Web.

### **Posters and Presentations**

**Allen DL**, Kearney GD. *Western NC Migrant Farmworker Parasite Surveillance Study: Preliminary Study Results*. Presented at: 2018 NCAFP Winter Family Physicians Weekend: North Carolina Academy of Family Physicians; December 2018; Asheville, NC.

Kearney GD, **Allen DL**, Hurtado G, Balanay J. *Slicing the Sweet Potato Pie: An Evaluation of Work-Related Musculoskeletal Disorders (WMSDs) and Pain among Latino Farmworkers*. Presented at: 2014 ISASH Annual International Conference: International Society for Agricultural Safety and Health; June 2014; Omaha, NE.

Kearney GD, Phillips C, **Allen DL**, Hurtado G, Hsia LB. *Sun Protection Behaviors and Prevalence of Skin Cancer among Migrant and Seasonal Farmworkers in Eastern North Carolina*. Presented at: Department of Internal Medicine 28<sup>th</sup> Annual Yash P. Kataria Research Day: Brody School of Medicine, East Carolina University; April 2014; Greenville, NC.

**Allen DL**, Burns C. *A Literature and Experiment Based Evaluation of Synthesis Techniques for Prothymosin- $\alpha$  Derived Peptides*. Presented at: Fourth Annual Research and Creative Achievements Week: East Carolina University; April 2010; Greenville, NC.

**Allen DL**, Thompson A, Bassman MF. *Women in Guatemalan and Nicaraguan Societies: From the Twentieth Century Onward*. Presented at: Third Annual Research and Creative Achievements Week: East Carolina University; April 2009; Greenville, NC.

**Allen DL**, Bassman MF. *A First Hand Survey of the Social Injustices of Southwestern Guatemala*. Presented at: Second Annual Research and Creative Achievements Week: East Carolina University; April 2008; Greenville, NC.

### **Awards and Honors**

NCAFP Second Year Resident Travel Award (2017)

Outstanding Resident Award (2017)

Katherine Bray-Strickland Award (2016)

- Presented to a Brody School of Medicine graduate matching into Family Medicine who has demonstrated compassion and service to people who are disadvantaged, suffering, and disenfranchised.

North Carolina State Education Assistance Authority Full Academic Scholarship (2011-2016)

- A merit based tuition and living expenses scholarship for students committed to working within the state of North Carolina.

North Carolina Academy of Family Physicians Family Medicine Scholars Program (2012-2016)

- A longitudinal mentorship program designed to expose qualified students to family medicine at the state and national levels.

ECU Graduate School Academic Scholar Award (2013-2014)

Pitt County Care Award for Excellence in Patient Care (2013)

- Awarded to those who have demonstrated dedicated service to the local community and its healthcare needs.

North Carolina Academy of Family Physicians Family Medicine Externship (2012)

North Carolina Academy of Family Physicians Rural Health Experience (2012)

Beta Gamma Sigma International Honor Society Induction (2011)

ECU College of Business New Graduate Student Scholarship (2010-2011)

ECU General Graduate Student Scholarship (2010-2011)

The Michael F. Bassman Honors Thesis Award (2010)

- The inaugural recipient of this award; given to a single student from within the undergraduate honors program whose thesis shows excellence in research and writing.

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The Robert H. Wright Alumni Leadership Award (2010)

- The most prestigious award presented to East Carolina University undergraduate seniors during annual spring commencement exercises which recognizes academic achievement, service (both to the university and the community), and leadership qualities.

Phi Kappa Phi Senior Award (2010)

East Carolina University's Chancellor's List (2006-2010)

East Carolina Scholar Award with Dowdy Student Store Full Academic Scholarship (2006-2010)

- The most prestigious merit-based award given to entering freshman at East Carolina University who exhibit outstanding academic performance, engagement in their community, and effective leadership skills.

Keith D. Holmes Scholastic Chemistry Achievement Award (2009)

Research and Creative Achievement Undergraduate Humanities Research Award Winner (2009)

Elite Pirate Leadership Award (2008)

- A premiere recognition initiative designed to honor the top student leaders at East Carolina University and equip them with the tools necessary to create positive, sustainable change for the ECU community.

Thomas Harriot College of Arts and Sciences Academic Award (2008)

Research and Creative Achievement Undergraduate Humanities Research Award Winner (2008)

Gabriel R. Cipau Chemistry Scholarship (2008)

CRC Press Freshman Chemistry Award (2007)

Phi Kappa Phi National Honor Fraternity Induction (2007)

Phi Etta Sigma Honor Fraternity Induction (2007)

### **Professional Associations**

American Academy of Family Physicians (AAFP) (2011-Present)

North Carolina Academy of Family Physicians (NCAFP) (2011-Present)

North Carolina Medical Association (NCMA) (2011-2020)

Western Carolina Medical Society (WCMS) (2016-2019)

National Rural Health Association (NRHA) (2015-2019)

North Carolina Public Health Association (NCPHA) (2013-2017)

American College of Physicians (2012-2016)

American Medical Association (AMA) (2011-2016)

Pitt County Medical Association (PCMA) (2011-2016)

### **Certifications**

American Board of Family Medicine Board Certification (7/2019-6/2029)

Advanced Life Support in Obstetrics (ALSO) (9/2020-1/2027)

Basic Life Support (BLS) (2/2022-2/2026)

Advanced Cardiac Life Support (ACLS) (2/2022-2/2026)

Pediatric Advanced Life Support (PALS) 2/2022-2/2026)

Neonatal Resuscitation Program (2/2022-2/2026)

STABLE Newborn Stabilization Program (7/2021-3/2026)

Certified Medical Examiner, Federal Motor Carrier Safety Administration (2/2019-2/2029)

### **Language Skills**

Intermediate Conversational and Medical Spanish

### **Hobbies and Interests**

Cycling, gardening, hiking, international travel, kayaking, church activities, and public health advocacy.