



DIRECT PRIMARY CARE SHADOWING EXPERIENCE

Updated April 2024

DESCRIPTION

Our practice is a full-spectrum direct primary care (DPC) practice. We care for our patients in the office, at the hospital, at home, at the local nursing facility, and even on hospice. We still deliver babies and we manage the local health department's obstetrical patients. Our Physicians do an additional pediatric/newborn/OB call 1 week out of the month and serve on various community boards and hospital committees. Being a small town doctor is a lot different than working in a more urbanized area and we're constantly problem solving and pushing our limits. As a DPC practice, we fill a significant need for affordable healthcare for our patients and are afforded the time to really get to know them with 30-60 minute appointments. At our practice, you'll see how integral the role of the family doc is to a small rural community while at the same time witnessing full spectrum family medicine the way we feel it was meant to be practiced. You'll also get a sense for the way a DPC practice operates from a business perspective.

SHADOWING EXPERIENCE INFORMATION

Availability:

Our rotation is available to high school students at any level of training. Premedical undergraduate students may arrange for shadowing experiences with the attendings via the same application procedure noted below. Shadowing experience lengths can be of any duration up to one month with only one learner being permitted at any given time. Experiences are given on a first-come, first-served basis with preference given to students and residents of the attendings' former training programs/schools. Shadowing experiences are unpaid and housing is the responsibility of the learner. Shadowing experiences can be used for course credit as deemed appropriate by the learner's home institution; attendings can supply evaluations and attestations as needed for such credit. Learners will work/practice under the direct supervision and license of the attending physicians and will not diagnose, prescribe, treat, perform procedures or refer independently.

Application:

Application requirements follow and can be sent directly to Dr. Allen at the email address below.

- A short (less than one page) letter indicating why the learner is interested in rotating with our practice, what they're goals are while with us, and three ranked date options

Logistics:

Typical clinic hours are M-Th 8:00-4:30 and F 8:00-12:00 with Health Department clinics held at the Ashe and Alleghany Health Centers, alternating weeks, on F 1:00-5:00. Additional activities such as hospital rounding, community board meetings, speaking events, and medical screenings may fall at other times and will be added to schedules. In addition, learners may participate in call activities, which occur one week per month for each physician. This experience should be considered a primarily outpatient rotation with the clinic hours noted above most days. Learners may select hours conducive to their other course work, oftentimes after school. Shadowing time may be divided over multiple days/weeks and is generally 8-20 hours total depending on student interest and preference. Shadowing dates and times will be coordinated and planned with the student ahead of time.

Locations:

New River Family Wellness, PLLC
420 East Second Street
West Jefferson, NC 28694

AppHealthCare (Appalachian District Health Department)	
Ashe Health Center	Alleghany Health Center
413 McConnell Street	157 Health Services Road
Jefferson, NC 28640	Sparta, NC 28675

Ashe Memorial Hospital
200 Hospital Avenue
Jefferson, NC 28640

Attendings:

Caitlin Sullivan, MD
D. Landon Allen, MD, MPH, MBA, FAAFP

Contact Information:

D. Landon Allen, MD, MPH, MBA, FAAFP
Info@NewRiverFamilyWellness.com
(Office) 336-489-4400

LEARNING MATERIALS

Required:

Webinar: What is Family Medicine? (2023). American Academy of Family Physicians. Savoy , M; Colson L. <https://www.aafp.org/students-residents/medical-students/explore-career-in-family-medicine/why-choose-family-medicine/what-is-family-medicine-webcast.html>.

Recommended:

Career options in family medicine. (2024). American Academy of Family Physicians. <https://www.aafp.org/students-residents/medical-students/explore-career-in-family-medicine/career-practice-options.html#:~:text=Family%20physicians%20are%20experts%20in,of%20the%20communities%20they%20serve>.