

D. Landon Allen, MD MPH, MBA
Physician and Managing Member
Dr.Allen@NewRiverFamilyWellness.com

420 E 2nd St., West Jefferson, NC 28694
(P) 336-489-4400



Caitlin M. Sullivan, MD
Physician and Member
Dr.Sullivan@NewRiverFamilyWellness.com

www.NewRiverFamilyWellness.com
(F) 336-489-4500

Post-Circumcision Care for Newborns and Babies

Activity

Newborns don't need any restrictions on activities. However, avoid carrying your newborn in a straddle position for one week during the healing phase.

Bathing

It is best to avoid full-body bathing until the second day after surgery, but sponge bathing is fine. Even when bathing, do not scrub or wipe the penis for five days after the procedure. If the penis needs cleaning after a dirty diaper, it is best to pour warm water over the area and use your fingertips to gently clean so as not to disturb the healing tissue.

Incision care

Your son will probably have a wrap-around dressing on his penis. The dressing often falls off on its own after surgery, which is not a major concern. If the dressing is still in place, it should be removed on the second day after surgery. This can be done by sitting your son in the bath for 10 minutes, then unraveling the bandage completely. After the bandage is off, leave the penis open to air and apply a pea-sized amount of A&D ointment or petroleum jelly to the penis with each diaper change or several times a day. This will prevent the dry edges of the incision from sticking to the diaper.

Expect some oozing and bruising from your son's circumcision - this is part of the normal healing process. If there's oozing, apply gentle pressure to the bleeding area with a clean tissue or gauze for 2 - 3 minutes. If this does not resolve the issue or if you notice heavy bleeding, **call the office at (336) 489-4400 or after office hours, the physician on call at the number below.**

D. Landon Allen, MD MPH, MBA
Physician and Managing Member
Dr.Allen@NewRiverFamilyWellness.com

420 E 2nd St., West Jefferson, NC 28694
(P) 336-489-4400



Caitlin M. Sullivan, MD
Physician and Member
Dr.Sullivan@NewRiverFamilyWellness.com

www.NewRiverFamilyWellness.com
(F) 336-489-4500

Pain control

It is not recommended to use acetaminophen or ibuprofen for pain after the procedure because we do not want to mask a fever. Fevers are a symptom of infection that alerts us to a potential problem. Please call our office for any fever > 100°F.

Follow-up

Your son's physician will check the surgical site at your son's next follow-up appointment which will either be at two weeks or two months of age. If you have not already been given an appointment, please make an appointment by calling the physician's office.

Long-Term Care

In order to prevent the remaining foreskin from sticking to the glans (or head) of the penis and causing problems later during your child's development, part of your son's ongoing penile care will include intermittent gentle traction to separate any areas that are stuck together. This is best done at bath time a few days a week. This should not be started until at least 1 month following your child's procedure and the technique may be demonstrated by your son's physician at his next appointment if you have any questions.

If your infant has signs of infection such as fever or significant swelling, does not have a wet diaper for more than 6 hours, or if you have any questions please call our office at (336) 489-4400 or after office hours, the physician on call at the afterhours number you were provided (_____).